



# How to Get Your Toddler to Listen Without Yelling

Do you find yourself repeating requests before your toddler listens? You're not alone! But with a few simple strategies, you can teach your toddler to listen the first time.

 **by toybuddy**

# Why Toddlers Ignore Us

## **They're Smart**

Toddlers learn quickly. If they realize that raising their voice works, they'll wait until that moment to comply.

## **They're Testing Boundaries**

Toddlers are exploring their independence and figuring out what they can and cannot do.

# Get Their Attention First

1

## Eliminate Distractions

Pause screens, remove toys, and get on their level.

2

## Make Eye Contact

This ensures they are focused on you.







# Use Clear, Positive Instructions

## Be Specific

Instead of “Don’t run,” say, “Please walk.”

## Be Positive

Instead of “Do you want to clean up?” say, “It’s time to clean up.”

# Follow Through with Consequences



Enforce the consequence right away, not after repeated warnings.



If they keep throwing a toy after being asked to stop, remove the toy and explain why.





# Prepare Them for Transitions

1

## Prepare

Let them know what's coming next.

2

## Motivate

Say, "First, pack up your toys, then we'll go to the park."



# Model the Behavior You Expect

1

## Show, Don't Tell

If you ask them to put away toys, put one away yourself.

2

## Wait

Wait for your child to follow your example.







# Consistency is Key

It takes time for toddlers to learn new behaviors. Be patient and consistent, and they'll learn to listen the first time.